



## Pre-Camp Preparation Checklist

### Participants Must have the following:

- Helmet (for camps with chairlift access a full face helmet with chin protection is advised).
- Riding gloves.
- Water and snacks for a full day on the bike.

### Participants should to have the following:

- Pads – knee and elbow. These are the minimum recommended.
- Eye Protection – goggles or sunglasses.
- A bike - In good working order that has been tuned up before you arrive at the camp.

### Other:

- **Bikes** - Mad March Racing might have a limited number of Marin Demo bikes with us at your camp. If you want a demo bike please e-mail us at right away to see if there is a demo bike available. If you want a bike other than your own and we do not have a demo bike for you, you might want to contact the resort or location where we are holding the camp and organize a rental bike before the camp begins.
- **Insurance** - If you do not have a Canadian or BC Race License you need to join the Mad March Riding Club for insurance purposes. The cost to join the Mad March Riding Club is \$10 and gives you unlimited access to MMR programs for the season and Cycling BC Club membership benefits and discounts. Please remember to download the PDF Waiver and bring the signed form with you to your camp.
- **Food** - We generally do not provide lunch or other meals so please bring snacks with you. We will take meal breaks so there will be time to chill and re-fuel during the day.
- **Lift Tickets** - If we are conducting your camp at a resort with a chairlift you will be responsible for the cost of your lift ticket. This will vary with each location, but generally the resorts will give us a special price on these tickets.

If you have any other questions please call us or e-mail us and we will do all we can to help!

Looking forward to meeting you!

**Phone** - 805 570 3330

**Overseas Callers** - 001 805 570 3330

**Email** - [info@madmarchracing.com](mailto:info@madmarchracing.com)

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